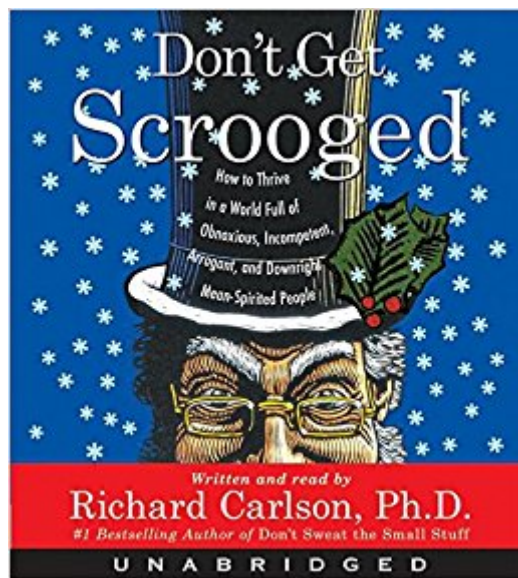




The book was found

Don't Get Scrooged CD: How To Thrive In A World Full Of Obnoxious, Incompetent, Arrogant, And Downright Mean-spirited People



Synopsis

The holidays can bring out the worst in people and turn cheer and good tidings into "I saw that first" and "Bah, humbug!" But this season you don't have to get scrooged by other people's bad behavior. Don't Get Scrooged will show you how to avoid, appease, and even win over the Scrooges who haunt your holidays. Whether it's the salesclerk who ignores you, the unnaturally irritable boss, or the in-laws who invite themselves for a two-week stay at your house, you will always need to deal with Scrooges, grumps, and uninvited guests. Learning to handle them whenever and wherever they appear is not just optional—it's essential. Bestselling author Richard Carlson's Don't Get Scrooged offers fifty practical and entertaining solutions to the problem of Scrooges, in whatever form they take. During the holidays this year, win the battle against bad behavior—and make your season merry again.

Book Information

Audio CD

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Customer Reviews

Richard Carlson (1961-2006) is a bestselling author whose books include Don't Sweat the Small Stuff . . . and It's All Small Stuff; Don't Worry, Make Money; You Can Feel Good Again; and You Can Be Happy No Matter What. His books have been published in 35 languages in over 130 countries. Richard Carlson (1961-2006) is a bestselling author whose books include Don't Sweat the Small Stuff . . . and It's All Small Stuff; Don't Worry, Make Money; You Can Feel Good Again; and You Can Be Happy No Matter What. His books have been published in 35 languages in over 130 countries.

This introduced me to Richard Carlson's work. I chose the CD (over the book) for no particular reason. The title itself grabbed me, as it captured a viewpoint that reflected my own vision of the world. The CD seems rather lightweight at first, but upon reflection and additional listening, I detected the subtle profundity buried beneath the seemingly folksy advice. I believe he draws upon Eastern philosophies (Buddhism/Taoism) to shape his advice. Like the concept of "wu wei wu" from Taoism, Carlson carefully illustrates how doing nothing about confrontational situations can often result in very positive results. The crux of his argument is that the more secure you are with yourself, the more resilient and battle-hardened you will become in dealing with obnoxious individuals ... perhaps... even learning to feel a sense of compassion for those who resort to bad behavior to express their inner frustration, unresolved personal conflicts, or general maladjustment to the world. I recommend this to anyone who is at his/her wits end in dealing with a difficult person. You'll come away with some fresh ideas -- not always easy to play out -- but very, very practical and wise.

Richard Carlson was absolutely the best! Too bad we lost him so young ;-(My first of his works was "Seven Habits of Highly Effective People", almost three decades ago.

Richard Carlson was an amazingly talented author and human being. His understanding and sensible suggestions are practical ways of helping anyone. I enjoy all his writings and have found that his books are great gifts for the people you love and care for.

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The Life-Changing Magic of Not Giving a F*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do
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